



## **BASKETBALL ASSOCIATION OF SINGAPORE**

601 Aljunied Avenue 1, #01-04 Singapore Basketball Centre, Singapore 389862  
Tel: (65) 6743 8425 Fax: (65) 6743 8426 Website: [www.bas.org.sg](http://www.bas.org.sg)

Basketball Association of Singapore (BAS) will be conducting a Selection Trial for the 5v5 Women National Team training squad. This training squad will kick-start our 5v5 National Team program for SEA Games 2025 qualification.

Date: 21 November 2024

Time: 7 – 10pm

Location: OCBC Arena Hall 1

Attire: Bring BOTH white and black/dark top

Process of trial:

1. Athletes to be nominated\*
2. Nominated athletes to fill in Registration Form

<https://forms.gle/e3ehaR13d8Lsojuh9>

3. Athletes to attend National Team trial
4. The National Team Trial will be an on-going process (until desired training squad size and composition is achieved)
5. Athletes will be informed should they be deemed unable to meet expectations of BAS Coaching Staff

\*We welcome Team Managers/Coaches to nominate exceptional female players who meet the following criteria to attend the trial:

1. Singapore Citizen
2. Born in or before year 2007
3. Played in BAS organized events / School representation (within the past 2 years)
4. Able to commit 8-10 hours of training per week
  - a. At least twice a week court training (Tuesday & Thursday)
  - b. Self-training (S&C, Shooting drills, etc)

We look forward to the development of our 5v5 Women's National Team.

For more information or enquiries, please contact BAS High Performance Manager

@ [neville\\_cheong@bas.org.sg](mailto:neville_cheong@bas.org.sg)